

SPIRITUAL
BATTLE
FOR HOLINESS



IFE ADETONA

ABOUT THE BOOK

The fiercest spiritual battle Satan is waging against believers is not poverty or generational curses, it is sin. Adam had everything, yet he was tempted to sin. Every situation and challenge Satan throws at a man is a means to an end, and that end is sin.

It was this war Paul fought in his flesh till he encountered Christ. When he encountered Christ, the war did not end but the dimension changed. The battle for holy living is a long term one that we will continue to fight till Jesus comes, or till we leave the earth. Everyone is fighting but we are fighting differently. Some are fighting victoriously but some are fighting defeated. It is not everyone that is battling with a sin or what is called weakness, some are already above and they are keeping their stand.

You do not have to struggle against sin, you can stay on top of it. We are not waging a war against sin, Jesus had conquered sin and swallowed it up in victory. Our war is battle is for holiness. The need for holy living is not just for making heaven, but for making most of our life and realizing our full potential here on earth.

Every man on earth that desires to live a holy life but keep experiencing what is known “rising and falling”, draw closer because your victory is long settled and your help is here.

ABOUT THE AUTHOR

Ife Adetona is a renowned preacher of the gospel, known for his anointed ministry and dedication to discipleship and nurturing believers into maturity. He is the President of the Sons and Daughters of Zion (SADOZ) Global Harvest Ministries, a dynamic and interdenominational discipleship ministry that has touched the lives of thousands of individuals worldwide.



SADOZ has been instrumental in facilitating spiritual transformation and empowering believers in their faith journeys. The ministry has witnessed countless individuals experiencing the baptism of the Holy Spirit, accompanied by the evidence of speaking in tongues. Additionally, SADOZ has played a pivotal role in helping people establish a personal, intimate and a friend to Friend relationship with the Holy Spirit, cultivating a genuine and

deep connection.

One of the notable contributions of Ife Adetona is the creation of the daily discipleship and devotional manual known as "Daily Communion." This powerful resource has become a source of blessing and inspiration to tens of thousands of individuals on a daily basis, as they engage in spiritual nourishment and growth.

In addition to his ministry responsibilities, Ife Adetona serves as the President of the Koinonia Bible Institute (KBI). KBI is an online training academy affiliated with SADOZ, offering a comprehensive range of over 30 courses. These courses cover various aspects of life, including the School of Ministry, School of Purpose, School of Leadership, School of Long Life, School of Business, School of Prayer, School of Deliverance, School of Healing, Masterclass on Sex Education, Masterclass on Courtship, School of Mental Health, School of Sex for the Married, Miraculous School of Conception, and Encounter School for Singles, among others.

Ife Adetona's impact extends beyond his preaching and ministry work. He is also a prolific author, having written over 70 books that have had a profound influence on the body of Christ. These books cover a wide range of topics and have been instrumental in imparting spiritual wisdom and insight to believers worldwide.

Ife Adetona is married to Elizabeth Ife-Adetona, and their home is blessed with the presence of their daughter, Faith Ife-Adetona.

Through his preaching, discipleship ministry, writings, and leadership roles, Ife Adetona continues to inspire and transform lives, leaving an indelible mark on the body of Christ. He is highly resourceful and passionate about impacting knowledge for the empowerment of people from all walks of lives.

Spiritual Battle for Holiness

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Unless otherwise indicated, all Scriptural quotations in this book are from the King James Version of the Bible.

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TESTIMONY FROM TRAINING OF TRAINERS AGAINST LUST, MASTURBATION, PORN AND SEXUAL ADDICTIONS [TOTM]

She came to learn how to help teenagers.

I have had young ones come to me with issues of masturbation and lust and I really couldn't relate with them because I didn't have the basic understanding of these issues. Oftentimes, I had to refer them to friends that could help, and this influenced my desire to gain knowledge in this area. Offering this course has been enlightening. Every teaching explained each problem to the basic level and helped my understanding. I am grateful I took this course because it also helped me understand some things I went through as a teenager and how to help other teenagers overcome them. **Anasala Comfort Ikwegieshi.**

Lust became an issue of the past

Before I applied for KBI TOTM class, I have been a Christian but I have been battling with lust because of the nature of our environments, schools, dressing and the like. But after the teachings I am totally free from it and also I wanted to gain knowledge to teach in the aspect of pornography, fornication, masturbation and other sexual sins and I have found it. Thank you Pastor Ife Adetona and the whole SADOZ family. **Jima S. Jong- Cameroon.**

The fight against sexual lusts ended

I really bless God for this course. It has really been a blessing to me and has also enlightened me more on fighting or overcoming sexual lusts. I also want to sincerely appreciate the organizer of this institute and also my teacher. Thank you and God bless everyone. **KURE J. V**

She wished she came across the course much earlier

Although I took this course because I work with Teenagers and Young Adults and I needed to sharpen my awareness on this major challenge facing the young ones, I found myself wishing I came across this kind of teaching while growing up. I am one person that God delivered from masturbation. I am married now to the glory of God. I intend to cascade these lessons to my students. **Janet Damilola Afolabi-Feyisetan**

Masturbation ended just like that

I used to masturbate a lot before I knew sadoz. It got to a point in my life I became very frustrated. But along the line in my study in the KOINONIA BIBLE INSTITUTE things changed I didn't believe I won't masturbate for a whole month. To the glory of God I'm free and I've been made whole. Thank you so much KBI. **Sanni. O**

KBI greatly impacted him

My Name's are Chikolopani Moses from Zambia I joined KOINONIA BIBLE INSTITUTE early 2022 when I did my first course TOTM and my second Course School of Spiritual growth. It had greatly impacted my life positively I have really learnt alot of things start with I avoid things that will bring my life to a

downfall. Really want to talk this Opportunity and say thank Pastor Ife and the team and my tutor Madam Victoria for a helping me understand where I wasn't clear. **Chikolopani Moses- ZAMBIA**

I HAVE BEEN ENLIGHTENED AND THAT IS MY GREATEST TESTIMONY. **GAKUKUTOR WISE- GHANA**

She applied all, she overcame immorality

I decided to go for this course because I really needed help on feeling sexual urge that led me to masturbation, I was a victim of child abuse at the age of seven, but I grow up with the mindset of what happens to me is normal but after I gave my life to Christ have been battling with this urge seriously especially when I decided to keep myself from fornication that led me to masturbating. I prayed and fasted for many years but I still find myself doing it, but during this course I realize I myself is the solution to what is doing me. I applied all the instructions given by my lecturer and the 100 × 3times declaration help me to got over the lustful thought that came before the urging. Now to the glory of God I can boldly say that am free from sexual urge and immorality, God has really use this course to open my eyes to the power and authority he has given me over Sins and devil himself. **FOLAKE**

Fighting fornication and Guilt helped her

The course enlightened me on many things most especially fighting fornication and guilt. I have been feeling guilty because of something I did in the past but the course gave me the steps to leave from sin, guilt and how to walk in God's plan for my life. Thank you so much my lecturers. **Deborah**

100x3 daily declaration made the change

During my course of study which is known as TOTM, there was a time in the audio lecture when our lecturer warmly addressed some powerful ways of acting every day, declaring 100 times, three times a day. So, I made up my mind of making it a routine and during those days I noticed that something gradually bit by bit started changing thereby lustful feelings and desires getting rid out of me and started experiencing Godly feelings on how to perceive upon seeing a lady. I just see them as sisters without lusting after them anymore than I used to act on ladies and evil thoughts. To cut the story, I think that's what I can probably say otherwise I thank God for KBI School, KBI management and everyone who is part of this awesome institute. **MOSES .M- ZAMBIA**

I applied the steps, I overcame lustful thoughts

I give glory to Almighty God for giving me the Grace to be part of this (TOTM) This course has transformed my life. After listening to all the Messages from Pastor Ife Adetona of the SADOZ ministry, I've come against lustful thoughts and pornography. Anytime the thought is coming I will follow the step he told us to do and suddenly the thought would just disappear immediately. For me joining this Course by one of my brother who send the link to me then, it has a purpose and I can see God's presence in my life ever since then I give Glory to Almighty God for saving my life through this TOTM course. **SALAMI D. TOLULOPE**

MASTURBATION AND PORNOGRAPHY WAS SOMETHING VERY DIFFICULT FOR ME TO STOP BUT I THANK GOD ALMIGHTY WHO MADE ME TO JOIN THIS COURSE, I LEARNED A LOT AND TO THE GLORY OF GOD I HAVE STOP THEM. **ODOH H. CHINEDU**

He came to learn and it was great

May I tell you, my thought when I firstly saw the course among other courses is that is for only those that are masturbating and I didn't feel like enroll for it. But my testimony today is that my orientation have changed, have extremely learnt beyond scoring high mark or pass the courses, how I wish everyone could enroll for this an enlightening course like this. In nutshell, KBI is a place to learn an unforgettable lessons, to equip yourself for the Christian journey and discover mystery. I will not want to but to appreciate the efforts of my boss, the tutor thank you so much for the love and care thus far, may the Lord bless you real good. **ADEGOKE TAIWO MAXWELL**

She encountered KBI and got her testimony

I never wanted to register for this course because I was heartbroken, I was looking onto God for a miracle but it seems like God was just silent. I thought he has given up on me. I graduated last year in school but one of the exam and practical that I did was not found and the result came out that I carried the course. I graduated from KBI (SPG) and we were taught about CDA. But I never take it serious. I was still going up and down concerning the issues. So when I applied for TOTM class, I saw CDA in our Syllabus. I decided to act on it. I went to obtain my HND form with faith and I begin to confess with my mouth that it is settled. I made declaration daily. I even announced it to my friends that I will be going back to school but they were just making jest of me. I decided to continue my confession. And God work it out for me. I was given admission and my result was released the same week. I am so happy that I graduated with the an upper credit. CDA works for others, it also works for me, it can also work for you. I bless God for KBI INSTITUTE and SADOZ at large. **OGUNLADE FAVOUR EBUNOLUWA**

Came to TOTM because of his business and got the answer

I learnt guidance on attaining discipline, how it is hard initially but becomes effortless when it internalized. What prompted me to take the class in the first place is due to my business, self sabotage knowing the right things but still doing the wrong things every time, I find it hard to unlearn greed and was becoming like addiction which results every time in loss that is beyond my risk appetite. God opened my eyes and I see that I need to do everything possible, rules that are synonymous to applying pepper to my hands in order to avoid masturbation. I also learnt I need to avoid boyfriend girlfriend relationship which I have, there's no way I can manage it if I'm not ready for marriage. It will lead sexual sins and I'm trusting God to help me on that. **Joseph**

INTRODUCTION

The fiercest spiritual battle Satan is waging against believers is not poverty or generational curses, it is sin. Adam had everything, yet he was tempted to sin. Every situation and challenge Satan throws at a man is a means to an end, and that end is sin.

It was this war Paul fought in his flesh till he encountered Christ. When he encountered Christ, the war did not end but the dimension changed. The battle for holy living is a long term one that we will continue to fight till Jesus comes, or till we leave the earth. Everyone is fighting but we are fighting differently. Some are fighting victoriously but some are fighting defeated. It is not everyone that is battling with a sin or what is called weakness, some are already above and they are keeping their stand.

You do not have to struggle against sin, you can stay on top of it. We are not waging a war against sin, Jesus had conquered sin and swallowed it up in victory. Our war is battle is for holiness. The need for holy living is not just for making heaven, but for making most of our life and realizing our full potential here on earth.

Every man on earth that desires to live a holy life but keep experiencing what is known “rising and falling”, draw closer because your victory is long settled and your help is here.

Chapter One

SPIRITUAL BATTLE FOR HOLINESS

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly. John 10:10

There's a spiritual dimension to your battle, fight, and struggle for holiness and this is the area this section of this book seeks to unravel.

Firstly, you need to understand that the devil is the antagonist, the challenger. He is deliberate and interested. The devil is fully involved in waging war against you, to see that you do not keep up with a holy life, and a holy living. Your holiness is a threat to the devil. When you are doing well in God, living free of guilt and offence, you become a threat to the kingdom of darkness, most especially if you come across a ministry where you immersed yourself into the available pool of knowledge.

When you know how to mock the devil, can manifest spiritual gifts, can do all sorts of things in Christ, and are also able to win against the devil at this junction of holiness, you are a serious headache to Satan.

So, this is indeed a spiritual battle. The devil is involved and fully invested in this battle. It is in fact his main goal. Everything the devil does is a means to an end, and this is the end.

Why did he make people poor?

He makes people poor so that they may sin so that the blood of Jesus Christ can be in vain over their lives.

Why does the devil make people sick?

He makes people sick so that they can sin. I've seen someone who was afflicted with sickness and was going from one herbalist to the other.

The devil is doing all these things just to make people sin. What did he do to Job? What was his goal? Just to make sure that Job rebelled against God.

That was all he was after. So, that your struggle is a spiritual battle and I pray for you that the devil has failed over your life in Jesus name

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly. John 10:10

The thief comes to steal. The devil's aim is not to make you fornicate, sin, or lie. It's just a means to an end. He wants to steal from you, he wants to kill your destiny and destroy you in hell, but that is no longer possible in Jesus Name.

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

Ephesians 6:12-13

You are not fighting alcohol, cigarettes, or masturbation; rather, you are fighting the spirit of alcohol, cigarettes, and masturbation. You are not wrestling against yourself. It's not even about your flesh now. You are not wrestling against lust. It is the spirit of lust that you are wrestling against and fighting with.

And hast made us unto our God kings and priests: and we shall reign on the earth. Revelation 5:10

Check that passage again. Where did it say you will reign? Where will you reign? On the earth! Thus, the devil does not want you to reign, because the devil himself is on the earth. The Bible says, "*through prosperity will my kingdom be spread abroad*". The young rich man said, "*I've kept all the law since I was a child*". What was the result of his life? He was very rich. He was keeping the law and he was very rich. David was doing so well till the devil was able to smear his image. You are supposed to reign on earth, and that is the threat! God wants to rule in the affairs of men through you. He wants to control the resources of man and bring government to subjection. Devil is out to stop that actualization.

You are his enemy and he doesn't want you to realize your rulership in the place of being a priest in the spiritual world, and being a king in the physical world. This is where you should disagree. I want you to imagine for a moment; you should imagine being a king unto your God and a priest unto your God. I decree that your reign on earth has begun in the name of Jesus.

This is the devil's target and he's not in a hurry. He has a plan to steal, kill, and destroy, so he is not in a hurry. He knows that you can go from shaking hands to kissing, from kissing to smooching, from smooching to the bed, from the bed to contacting STDs, from contacting STDs to your death, or to blaspheming God, or to say you're no longer serving God and then to your death. The devil never believes that there is a man that cannot fall.

He believes that something is going to tempt someone, whether sexuality, morality, money or what else. The devil does not believe anybody cannot fall. He just sets a plan and waits patiently.

I remember some time back when I was having a deliverance session with a girl, and I was challenging the evil spirit. The spirit said they even had a plan for my own life. The plan was that I was going to sleep with her because the girl was a disciple and she was close to me. They were planning that I was going to sleep with her and they would get to know at my place of work. They are going to sack me, and I'll be wandering about, but that didn't come to pass.

So, whenever you are struggling and fighting, know that you are fighting an invisible battle. You must be aware that you are fighting against the rulers and the princes of this world, the princes and rulers of the darkness places of this world. You are fighting against powers and principalities.

You are contending with your destiny and future. You are in a race, you are in a fight.

You are contending. It's not just fun or mere utilizing an opportunity, or your hormones at work. See, it is a slow poison. It is Jacob's meal trying to steal your birthright. Remember Joseph in Potiphar's house. The devil knows it can take time and he is ready to wait, but I cut his time short today over your life in Jesus Name. He has no place in your destiny in the name of Jesus.

Chapter Two

CONTROLLING SPIRITS

For the good that I would I do not: but the evil which I would not, that I do. Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. Romans 7:19-20

To achieve the devil's goal, he sent out spirits into the world - evil spirits. You can also call them unclean spirits or controlling spirits. Paul said, "...the things I want to do, I can't do them..." This is because there was a spirit controlling the activity.

For the good that I would I do not: but the evil which I would not, that I do. Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. Romans 7:19-20

A man will get drunk and fall into the gutter today, and tomorrow he is at the beer parlour again. A man will beat his wife to a pulp one day, and resume the beating the next day. That's animalistic. It's an evil spirit and a power is at work. There's an evil spirit involved. Today, I decree that every evil spirit that controls your life and directs you towards sin or hurry your steps into lust, I cast them out and rebuke them off your life in the name of Jesus.

And there came forth a spirit, and stood before the LORD, and said, I will persuade him.

And the LORD said unto him, Wherewith? And he said, I will go forth, and I will be a lying spirit in the mouth of all his prophets.

And he said, Thou shalt persuade him, and prevail also: go forth, and do so. 1 Kings 22:21.

There is a lying spirit that is pushing you into lying.

Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience. Ephesians 6:2

There is the spirit of disobedience and rebellion that is at work in the children of this world making them come up with various kinds of sins: homosexuality, lesbianism, animalism, pedophiles, and other such vices. There is a spirit of lust. There is a spirit of the lust of the flesh, lust of the eyes, and the pride of life. The spirit of the lust of the flesh wants sensual and sexual gratification, and it is akin to the spirit of immorality.

The spirit of greed, which is the lust of the eyes, wants to buy, own, collect, and get anything by all means, while the spirit of the pride of life is overestimation of oneself.

For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

1 John 2:16

The pride of life is not of the Father but of the world. You can even call it the spirit of the world.

Rebuke Aloud

You alone know the area that you're struggling with, and to effectively deal with it, you need to give it a name. There is a spirit of pornography, homosexuality, alcohol, and cultism, amongst others.

Jesus while attending to some spirit will ask them, what is your name? You may not be able to ask that question directly from the spirit, but you can give it a name based on the kind. The Bible said there was a woman who was bound by the devil who had a spirit of infirmity. The spirit of infirmity was not the name of the evil spirit, but infirmity was what it was doing in her body so, it was named that way. Jesus talked about a deaf and dumb spirit, as well as other spirits in the Bible.

Then, when you want to cast the spirit out, the first thing you do is to rebuke it. Once you begin to sense the urge to indulge in the act or any moment your mind goes there, you have just one business which is to rebuke. Rebuke the spirit in the name of Jesus. Rebuke but don't rebuke within. Jesus did not fight the devil with his mind, He rebuked him aloud.

And there was a good way off from them an herd of many swine feeding.

So the devils besought him, saying, If thou cast us out, suffer us to go away into the herd of swine.

And he said unto them, Go. And when they were come out, they went into the herd of swine: and, behold, the whole herd of swine ran violently down a steep place into the sea, and perished in the waters. Mark 8:30-33

Then Peter took him, and began to rebuke him, saying, Be it far from thee, Lord: this shall not be unto thee.

23 But he turned, and said unto Peter, Get thee behind me, Satan: thou art an offence unto me: for thou savourest not the things that be of God, but those that be of men. Matthew 16:22-23

In those passages, Jesus rebuked the devil aloud, including when it involved Peter, His first man among the twelve. If Jesus allowed that thought to sit or settle in his heart, or if he had treated it like a gentleman, there would be trouble. To prevent that, He rebuked it loud and fast.

During the temptation when the devil came to meet Jesus, He replied him the first time and rebuked the second time. The third time, He didn't just rebuke him, He also commanded the devil to get behind him.

You have to rebuke the spirit, and you don't just rebuke in your mind. You speak out because they don't hear your mind. They can only guess. But when you are rebuking them, speak it out, even if it is in a whisper.

There was a lovely brother who was battling with masturbation and read in the Bible, where the Bible says, the spirit has appeared to all men and has taught us to say NO to all forms of ungodliness. So, whenever he has the urge to masturbate, he will just shout NO! Whenever people ask him, Bro, what's wrong? He will say, don't worry; I'm fighting a spiritual battle. I'm sending something into the spiritual realm. When he's

sleeping and is having the urge to masturbate, he will still shout NO! When they say, “Bro, what's going on?” He replies “Don't worry, I'm dealing with something in the spiritual realm” and that was how he overcame it.

Take a moment and rebuke that unclean spirit right now! For example, I rebuke the spirit of lust in Jesus Name.

- **Rebuke with the Word.**

Another thing to do with the evil spirit is to, Rebuke with the Word.

**But he turned, and said unto Peter, Get thee behind me, Satan.
Mathew 16:23**

Look for the right Scripture for your situation and apply it. Don't just say *Go away!* Back it up with the word.

I rebuke you, spirit of lust in the name of Jesus, because the Bible says, Christ in me, the hope of glory. My body is the temple of the living God. The spirit of God is dwelling in me.

Never stop rebuking, and never stop rebuking with the Word. No matter how many times the thought or the urge comes, no matter how many times you fall into it, just keep rebuking.

- **Use the blood**

And they overcame by the blood of the lamb and by all of his testimony, and they love not their lives unto the death.

Revelation 12:11.

The blood makes your heart contraband to the devil. It makes it prohibited and out of bounds.

I rebuke you, spirit of lust in the name of Jesus. For the Bible says, my body is the temple of the living God. I cover my mind with the blood of Jesus. Amen.

- **Never stop rebuking**

Never stop rebuking until you have overcome and no longer feel the temptation or the urge. You must keep rebuking because that is your weapon to deal with the power of darkness that has captured your mind.

The Bible says our mind is a stronghold. The only way to defeat whoever has captured your mind is to use your second mind, which is your tongue. You may not be convinced. You may not believe it. At times, you want to leave a sin, but the taste and fun are still trying to draw you back. So, you don't wait for your mind to be settled or stirred to fight against it. You just have to say something. You have to rebuke in the morning, rebuke in the afternoon, and rebuke at night. Rebuke all the time. Rebuke whenever you remember. Rebuke whenever you are faced with the temptation. Rebuke when you have the urge. Rebuke when you have the feelings. Rebuke when you have the memory. Rebuke when it has captured you. Always Rebuke!

I didn't say play, jump, distract yourself, or sleep, I said Rebuke. Rebuke in the name of Jesus. Rebuke with the word of God. Rebuke

by covering your mind with the blood of Jesus and you will be sure to have your victory.

(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)

Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ. 2 Corinthians 10:3-5

Why do we have to keep Rebuking?

When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none.

Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished.

Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation. Matthew 12:40-44

The evil spirit will go out but it will attempt to return. It will attempt to return through triggers - what you see or think. So, you must keep rebuking to keep blocking him from returning. You don't even need to wait for the urge or temptation. Just remembering or thinking about it should trigger you to quickly rebuke out aloud, even if it's just a whisper. After rebuking, you have to fill the house, your mind with the word of God.

Guilt

Another thing this evil spirit does is to make you feel guilty when you fall. Mind you, you are not rising and falling. You are actually rising and you keep on rising. It is only those who are standing that fall. Those that fall remain on the ground. Don't tell yourself: "I am just rising and falling". You are rising and rising.

As you are rising, if you slip, the evil spirit will come with guilt. It makes you feel unworthy before God. It may come with discouragement to discourage you from rising again, but if the seed (the Word) remains in you, you will not stay lying on the ground, but gain courage to stand and rise.

The Bible says that he that is of God does not sin because the seed (i.e. the word) of God remained in him.

Chapter Three

THE SEED

Whosoever is born of God doth not commit sin; for his SEED remaineth in him: and he CANNOT sin, because he is born of God.

1 John 3:9

A born again does not make a practice of sin. How? His seed is in him. What is the seed? The seed is the word of God (Luke 8:11).

Now, how can you get the word of God in you?

- **You can get the word of God in you simply by reading your Bible all the time.**

In your spare time, play Bible tapes, play audio Bible, read the word as if you're reading a magazine, just keep reading, and keep reading, and keep reading, no matter where you open to, just read.

The word of God is water. The Bible says,

That he might sanctify and cleanse it with the washing of water by the word. Ephesians 5:26.

Now ye are clean through the word which I have spoken unto you.

John 15:3

The Word is water and your mind can be likened to a rusty, dirty basket. The more you dip this basket into the water, the more this basket gets cleansed. You have to keep dipping it in the water for your cleansing. You can read it like a novel. You can study it, taking more time to deliberately

study. You can go through the Bible every morning. You can also observe devotion every morning. Using a devotional is part of studying the Bible. You can also decide to do specific reading on different Biblical characters or scenarios.

You can choose to study Joseph, a man without law, without his parents, without anybody, and still stood firm with God. You may prefer to study Daniel, Paul, or even our Lord Jesus Christ.

There is specific reading and there is a specific study. You can do the two as you are opportune, but you can do reading more. Besides studying, you can also meditate on those areas and characters. Meditate on their life and how they were able to stay pure. That way, you are filling up your mind with something that will keep it occupied and filled up.

- **Get books**

You need to read books, especially books that address what you are fighting and dealing with. Do not say that: I have done my best. No! You have only done almost your best and not your best. As you read, apply.

- **Lastly, stay in the word environment**

The word environment is simply one that is filled with the word of God, and association is key to achieving this. There are movies my friends can never watch. None of my friends had a girlfriend. In fact, I was the first to get engaged, and get married among them. None of them had a girlfriend.

These were the kind of people I moved with. When we want to even play, we play citing scriptures. Go to church, go to fellowship. Let everything

around you speak the word of God. Also, it is a lie, such life is not boring. It is free of fears too.

This is not the time to stay away from the brethren; it's the time to share more time with them. It's not the time to feel ashamed of going before God, which is what the devil wants to do; it's the time to enjoy fellowship. Once you are in the word environment, you kill the tendencies of sin in you. You limit the number of time and space it can react and your body gets used to it.

Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. Psalms 1:1

Watch your friends and the movies that you watch. When you move with the ungodly, you sway from your path to theirs. You become driven to follow their direction. The first people who told me about masturbation were the new friends I chose when I was in the secondary school. While I was with my old friends, I never heard about it from any of them. None of them indulged in it. I proclaim your freedom in the name of Jesus.

- **Cut the hold that the devil is having on you.**

Evil spirits do not live in isolation. They have what we call a legal ground; which is what they can stand upon. You can't meet a police officer while flying in the air. It's not possible. You have to be driving on the land to meet them.

I do say that your character determines the kind of devil that will tempt you. Some evil spirits Jesus cast out wanted to go into the pigs because pigs are dirty. They are also unclean spirits and that made it easy for the pigs to be attractive to them. Cain killed his brother because he already hated his brother, and the spirit of murder finds it easy to enter into him. Judas Iscariot already loved money so it was easy for the devil to tempt him with money. Peter was fearful, so it was easy for the devil to enter him and make him deny Jesus; the same with the serpent, it was the most cunning animal.

You have to look at those areas of your life, that particular hold. You love bad friends and that is why you are where you are.

Lust has been lurking in you for a long time because you indulge in pornographic movies and nude movies. For someone who has an anger issue, the spirit of anger would easily find a place in him and make them do regrettable things. There are things in your life that gives devil a clue of what to afflict you with, or what to tempt you with.

Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man.

James 1:13

I once counselled a lady. This lady is a world champion *worrier*. She can worry about anything and everything! Worry is a sin, in case you haven't realized that yet. While I was praying with her, she was manifesting an evil spirit and I was surprised. This is a tongue-speaking spiritual sister. I asked the evil spirit what he was doing there and he replied that he met

her worrying and decided to assist her to worry more. The more you have lust in your eyes, the more the devil keeps turning you in that direction.

Take a look at Jesus. The only thing Jesus did not want to do, humanly speaking, was to endure the pain of the cross, and the devil kept on bringing it to his face to give Him an easy way out. He ensured the soldiers showed Jesus pepper. He kept taunting Jesus at every stage of his ordeal, asking if He still wanted to continue but Christ was able to ignore and continue.

The devil entered Peter to tell Jesus not to die. The devil promised to give Jesus lots of things to make Him not die. Jesus did not heed but that was an area He knew could bring Jesus down. He didn't tempt Jesus with money, women or lies. Even right on the cross, He was severally tempted and taunted to deliver himself and not die.

So, brethren, this is the time to wake up. What's the devil tempting you with? There is a clue in you that is telling the devil that "*you can tempt me with this thing*". Wake up and deal with that thing right away! And the Lord will help you in the name of Jesus.

So, don't just say it is the devil or it is an evil spirit and refuse to take responsibility. You will be giving him a hold by then. Whenever it takes hold, it becomes a stronghold. Search your life and take stock of your actions. Don't stop because you once did it and there was no result. Stopping was what constantly made you grounded. It was because you stopped doing those things that are helpful. **Continue doing the right**

things. Never stop doing them, and that is when you can say vividly whether it works or not, but I can assure you, it always works.

If you take the right steps and you keep your rebuking firm, it will always work. It has always worked. It is just the ability to stay true, retain, and continue, even if you fall and keep up with the things you have told yourself to do, practice, withdraw, or improve upon, and then you will see yourself emerge a victor at last.

In the name of Jesus, you are gaining your victory right now.

SECTION B

HOLINESS SCRIPTURES

INTRODUCTION

Confess this section of this book daily and you will see your will align with the will to live holy and trample that sin under your feet just as the Scriptures say, ***His spirit willeth in us to do according to his will.***

Jesus said the word I speak unto you, they are living agents and life giving spirits (paraphrased). That means if Jesus speaks the word of sound health to you, the spirits (i.e, words) will become health giving spirits in you. If He speaks the words of fruitfulness, the spirit of the word will become a child in your womb. These are holiness scriptures that is, holiness enabling spirits. When you confess (not just read) them daily, you will prevail over sin and guilt because so mightily grew the word of God and it prevail ().

It doesn't matter if that sin or temptations keep coming even after you have started confessing this book, just keep on. We don't stop proclaiming our healing because we still feel the symptoms. You should never stop confessing all the scriptures in this book daily until your flesh has lost the appetite for that sin

This book is a medicine and a cure. You don't become healed because you bought the medicine and keep. You don't get healed because you are staring at the medicine. You don't get cured because you use the medicine once. You get cured not just by using the medicine but by using it according to doctor's prescription. Here is my prescription:

- Confess all the contents of this book at least once daily.
- If you started out confessing it 6am for instance, keep confessing it every 6am. If it is 8pm for instance, keep to it.
- You don't have to get alone to be able to use it. You can do it even when you are among a crowd. Just confess it by whispering to yourself but ensure your lips are moving.
- Whenever you are alone, confess it more loudly.

You are victorious and may the communion of the Holy Spirit be with you.

RECEIVING SALVATION

You were born a sinner condemned to hell but Jesus Christ died for your sins, gave you power to sin no more and to enjoy life here on earth and hereafter. All you need to do is to believe and accept His works by declaring Him as your LORD and Saviour. Do you believe this? Say: Lord Jesus Christ, I accept that you died and resurrected for the remission of my sins, I declare you as my LORD and Saviour. Amen.

HOLINESS SCRIPTURES

In this section, we will be considering Holiness Scriptures which I also call power scriptures. These are passages that empower you to live a holy life, remind you of the need to live a holy life, and also release the grace to live a holy life unto you. You should always read these passages every day, twice a day, or as often as you like.

Just like healing scriptures, these scriptures prepare you and grant you immediate grace. They can be likened to the glucose you ingest on the spot when on the verge of falling.

You can always read these passages, meditate on them and confess them for them to release strength unto you.

Galatians 2:20

I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

I am crucified with Christ. I am not the one living. I am not the one trying to struggle against sin. There is now a power at work in me and that power is of Christ who lives in me. It is Christ who lives in me that empowers me, and makes holiness easy for me.

1 Corinthians 6:11

And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God.

I am washed, sanctified, and justified in the name of the Lord Jesus Christ, and by the Spirit of our God. I am already justified and I live by the grace and Spirit of Christ.

Hebrews 10:10

By the which will we are sanctified through the offering of the body of Jesus Christ once for all.

Having therefore, brethren, boldness to enter into the holiest by the blood of Jesus.

I don't struggle against sin. I don't fight against masturbation. I don't fight with lust. I don't discuss with fornication. I don't have an argument with alcohol because I am made holy. I hate sin. I don't commit sin. I've been made holy. I'm pure in Christ Jesus.

1 John 5:18

We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not.

1 John 3:9

Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God.

I am born of God. I don't sin. I cannot sin. Satan cannot touch me. I cannot be tempted, I can't fall into sin. Satan cannot tempt me. I can't fall into sin. I'm born of God. I do not sin. I have the grace to keep myself. I keep myself by default. I keep myself just as I drink water, just as I eat my food. I keep my environment safe, protected and controlled in the name of Jesus.

Christ has saved me and called me to a holy life. I am called into a holy life. I live a holy life in Christ Jesus. I am called into a holy life. People can testify to it that I am holy. I do not hold on to any secret sin. I am holy in Christ Jesus, not because of anything I have done, but because of His purpose and grace. The grace was given me in Christ Jesus, even before the beginning of time.

I have been made holy even before I was born, by the work of Christ for me on the cross. I am considered to live a holy life by His power.

1 John 3:9

Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God.

I cannot sin because I am born of God. I have the seed of God in me and therefore cannot sin. I have the word of God in me. I cannot sin. I have the seed of God in me. I cannot sin. I have the word of God in me. I cannot sin. I'm the seed of God. I'm the child of God. I cannot sin. I am holy. I am pure. I am righteous in Christ Jesus. (Mention the sins). I cannot fornicate.

John 8:10-11

When Jesus had lifted up himself, and saw none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee? She said, No man, Lord. And Jesus said unto her, Neither do I condemn thee: go, and sin no more.

It is only Jesus that can condemn me and He did not condemn me. I have no sin. I have no record of sin. My past is gone and erased. Yes, I know it was a sin and I fell into it, but now, I look away from that incident and look up unto Jesus who is the only One that can condemn me and He didn't condemn me. Rather, He has set me free. He said there was no record of any wrongdoing and there was no sin.

There's no condemnation for me for I am in Christ Jesus. I'm not condemned. My conscience cannot condemn me. People cannot condemn me. Jesus has glorified me. Jesus has justified me. My past is arrested and the consequences have disappeared. In Christ Jesus, I'm not condemned. I am free. I am holy. Amen.

Colossians 2:13.

And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

Christ didn't just forgive me for my yesterday's trespasses because He died on the cross for me. He also forgave my today's trespasses, tomorrow's trespasses and granted me the grace to live a holy life, to sin no more by the working of His Spirit and power in me.

2 Timothy 2:21

If a man therefore purge himself from these, he shall be a vessel unto honour, sanctified, and meet for the master's use, and prepared unto every good work.

Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.

Indeed, in a great house, there are several vessels, some of honour and some of dishonour. I am a vessel of honour. There are vessels of gold, silver, wood and clay. I am a vessel of gold. I purge myself away from every form of sin, masturbation, pornography, alcohol, etc. I purge myself away from them all. I am for honour. I am for glory. I am meet for the Master's everyday use in the name of Jesus.

Hebrews 12:14.

Follow peace with all men, and holiness, without which no man shall see the Lord:

I will see my God at the end of the day. I am holy and I live a holy life in the name of Jesus.

1 Corinthians 9:27

But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

My body is under me. My flesh is under me. I have crucified it with Christ on the cross. My environment is controlled. I cannot sin. I'm in charge of my body. I'm in charge of my life. I'm in charge of my environment in Christ Jesus.

1 Peter 1: 15 - 16.

But as he which hath called you is holy, so be ye holy in all manner of conversation; Because it is written, Be ye holy; for I am holy.

I am holy. I am holy in my speech. I am holy in my relationship with the opposite sex. I am holy in my interaction with my genitals. I am holy. I am pure. I stand righteous in the name of Jesus. Like my Father, like me.

Philippians 2:12 - 13

Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling.

For it is God which worketh in you both to will and to do of his good pleasure.

I work out my salvation. I live daily in purity, in holiness, and in Christ Jesus. The Spirit of Christ is in me. He willeth in me. I will according to

His will. I will righteous things. I do righteous things in the name of Jesus. I'm no longer a victim to sin. I am no longer a slave to sin. Devil, I condemn you in the name of Jesus. I am pure and holy. My guilt is washed away in the name of Jesus.

Matthew 5:48

Be ye therefore perfect, even as your Father which is in heaven is perfect.

I am not almost there, I am there. I am perfect in Christ Jesus. My things begin to align, my behaviour begins to align, my activities begin to align in Christ Jesus.

Philippians 4:13

I can do all things through Christ which strengtheneth me.

I can do all things through Christ that strengthen me. I can say no to unrighteousness. I can flee youthful lust. I can control my environment. I can say no to alcohol. I can say no to sin. I can do all things through Christ that strengthen me. Everything cooperates with me just to make me live a holy life. The environment cooperates. The elements cooperate. People cooperate in the name of Jesus.

Romans 8:11

But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

The Spirit of Christ is in me. That spirit that raised Christ from the dead is in me, so my body is quickened. It doesn't want the things of the flesh. It doesn't want the lust of the eyes. It doesn't want the lust of the flesh. It doesn't want the pride of life. My flesh is empowered. My flesh is quickened. My flesh desires the things of God. I yield it only to God in Jesus name. It doesn't yield to sin. It doesn't yield to evil things in the name of Jesus.

Romans 1:4

And declared to be the Son of God with power, according to the spirit of holiness, by the resurrection from the dead.

The spirit of holiness is in me. The Spirit of lust is gone. Spirit of the devil is gone. Spirit of sin is gone. Spirit of alcohol is gone. Spirit of immorality is gone. Unclean spirits are gone. The Spirit of Christ is in me.

1 John 1:7

But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.

I have the blood of Jesus that cleanses me day in day out from all sins. No guilt is found in me. No stain is found on me. The desire is lost, the will is lost, the lust is lost in the name of Jesus. I fellowship with brethren and co-believers, and then we receive the ministration of the

blood of Christ. We receive the grace to live a holy life all the days of our life in Christ Jesus.

Revelation 12:11

And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

In the name of Jesus, I condemn unclean spirits. I condemn evil spirits. I command sinful spirits, I rebuke sinful spirits. I rebuke evil spirits, I rebuke demons, I rebuke unclean demons. You demons, you are all unclean. I rebuke you all. I rebuke the spirit of alcohol, I rebuke the spirit of laziness. I rebuke the spirit of anger. I am free for he the Son has set free is free indeed. (Remember to be very specific in mentioning the sin and temptation repeatedly).

1 John 3: 9

Whosoever is born of God doth not commit sin; for his SEED remaineth in him: and he cannot sin, because he is born of God.

Devil, you cannot touch me, you cannot make me sin, you cannot tempt me. Get behind me. Get out of me. Get out of my appetite in the name of Jesus.

2 Timothy 2:20-22

20 But in a great house there are not only vessels of gold and of silver, but also of wood and of earth; and some to honour, and some to dishonour.

21 If a man therefore purge himself from these, he shall be a vessel unto honour, sanctified, and meet for the master's use, and prepared unto every good work.

22 Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.

I choose to follow people who call upon the lord with a pure heart. I choose to follow people who serve God. I choose to follow people who obey God. I choose to follow people who live righteously. I choose to follow people who hate lies and sin. I choose to follow them. I'm great. I'm a vessel unto honour. I am great. I emerge great. I emerge a wonderful person in the name of Jesus. I live in pure conscience. I live in a total free conscience before God and man in the name of Jesus.

Acts 24:16

And herein do I exercise myself, to have always a conscience void of offence toward God, and toward men.

I have my conscience void of offense, void of guilt by his blood that has cleansed my heart forever in Jesus name.

Psalm 45:7

Thou lovest righteousness, and hatest wickedness: therefore God, thy God, hath anointed thee with the oil of gladness above thy fellows.

I love righteousness. I hate sin. I love righteousness. I hate sin. I love purity. I hate sin. I do not intentionally go back to sin again and again. I

hate sin and so my head is anointed. I am lifted up above my peers. I am lifted up above my peers.

Proverbs 14:34

Righteousness exalteth a nation: but sin is a reproach to any people.

I will not be reproached. I will not be talked against. I will not be a byword. I live in righteousness and I'm exalted. I am exalted on high in the name of Jesus. I do not sin. I withdraw myself. I do not sin. I do not curse. I do not lie. I do not lust. I do not fornicate in the name of Jesus.

Galatians 5:16

This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

From today henceforth, I walk in the spirit. From today henceforth, I will not fulfill the lust of the flesh, not anymore, not in my life, today and forever in the name of Jesus.

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Receiving Salvation

You were born a sinner condemned to hell but Jesus Christ died for your sins, gave you power to sin no more and to enjoy life here on earth and hereafter. All you need to do is to believe and accept His works by declaring Him as your LORD and Saviour. Do you believe this? Say: Lord Jesus Christ, I accept that you died and resurrected for the remission of my sins, I declare you as my LORD and Saviour. Amen.

Steps to Receive the Baptism of the Holy Ghost

1. You are not to ask or beg God for it, just expect it.
2. Believe He has given you and you will manifest it.
3. Don't hate tongues. That some people misuse it doesn't mean it has lost its power.
4. Don't pretend not to need it. Holy Ghost baptism is not just about tongues, it is about empowerment but tongues is the initial sign that you are baptized.
5. Clear your minds of doubts. God will give you but if you think that any sin can hinder you, ask for forgiveness now and now. (Isa 1:18 *Come now, and let us reason together, saith the LORD: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool*). And forgive everyone in your heart.
6. As I pray for you, you will be baptized and you will speak in new tongues.
7. As I pray for you, the Holy Spirit will give you utterances and you will speak it out. Note that utterance means any sound produced with the mouth. That means the utterance could be one syllable or

two. It could be one word or more. Understand that you are the one that will pronounce the utterance in anyway it comes to your mind as the Holy Spirit gives you utterance.

8. When I pray for you, the utterance would come. Don't think you are the one thinking it, it is not you. Don't think you will be unconscious or lost, it is not so. Don't be bothered if you don't know the meaning just speak it. And keep repeating whatever comes to your mind.
9. Daddy thank you because you are a faithful God, you always hear me and you are eager to give us more than we are eager to ask. I pray for you: receive the Holy Spirit right now in Jesus Name.
10. Open your mouth and began to speak those tongues.

Steps to Receive Healing

1. **1Peter 2:24 says:** *He personally bore our sins in His [own] body on the tree [as on an altar and offered Himself on it], that we might die (cease to exist) to sin and live to righteousness. **By His wounds you have been healed.***
2. You have been healed. You have been healed even before you had that illness, what I'm about to do by praying with you is to proclaim your healing.
3. As I do that, the pains and symptoms will be no more.
4. After I pray for you move that part of your body just as though it was healed already because it is an instant healing.
5. I proclaim you healed and whole right now in Jesus Name. The last time you had that illness is the last you will ever have in Jesus Name.
6. Check it out and share your testimonies.

Impartation for Vision

1. You must be baptized in the Holy Ghost with the evidence of speaking in tongues.
2. Be ready to intercede for people, places or programme.
3. Write the names of those people you are interceding for on a sheet of paper
4. Start by worshiping God
5. Pray in tongues for the first name on the list for up to 5 minutes at a stretch.
6. Whatever you see or received concerning them, write it down.
7. Do the same for all the names and items on your list
8. Approach them to confirm what you saw. Talking to them would boast your faith just like Gideon was instructed to approach the Midianites
9. Get Dream, Vision and Revelation by Ife Adetona

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